



The Exodus Academy

The Exodus Academy is a 12-week educational experience that gives inmates who are re-entering society a plan to stay out for life.



Before The Exodus Academy

A non-violent offender (typically with a low-level drug offense) who is sentenced through Arkansas Community Corrections must go through a selection process before being accepted into The Exodus Academy. Selected candidates will spend the last three months of their sentences as 'students' at The Academy.



WEEKS 1-4: Change Is Possible

Students begin to realize that their old way of living does not have to determine the way they have to live in the future. Within the student's first four weeks...

- They want to change, but are not sure how
- They have a loss of hope
- They question everything
- Their minds finally begin to open up and see our volunteers care about them
- They realize that change is possible when they see graduates of The Academy living successful lives



WEEKS 5-8: Real Change Occurs

Students move from a lack of belief to having belief. Students experience real change (ah-ha moments): I CAN DO THIS, I WILL DO THIS. From weeks five through eight, students...

- See what they are learning begin to work in their lives
- Grow stronger in their recovery and faith
- Begin to want the change, not only for themselves but for their families as well

"I CAN DO THIS, I WILL DO THIS."



WEEKS 9-12: Hope for the Future

Students develop hope for the future. During the final weeks of the program, students...

- Believe in themselves and have a plan
- Have courage and hope
- Work on building a network and learn how to stay connected by using their resources and a new mindset of gratitude
- Begin working on ways to rebuild family relationships with honesty and love

HOPE



Graduation

At the end of the program, students believe that their most basic abilities can be developed through dedication and hard work. Students realize that challenges can help them to grow, and that failure is an opportunity to grow.



After The Exodus Academy and Release

Graduates are provided case management while in The Academy to help them reunite with their families and communities. Exodus Project graduates, through post-release case management, network with our community partners as they look to find jobs and continue to work on their recovery.

